



## Event details

Mt Edgcumbe  
Country Park



Sunday 8th Sept 2019

- Parkland with wooded areas. Fast running on the plateau of the deer park, with stunning views over Plymouth Sound and the River Tamar.
- Map scale 1:10 000
- Registration: **1030 - 1245**
- Start times: **1100 - 1300**
- Courses close: **1500**
- Courses: Brown, Blue, Green, Short Green, Light Green, Orange, Yellow.
- This event is suitable for beginners.
- Punching system: SI. Free dibber hire.
- Entry fees: BOF senior £8; non-BOF senior £10; all juniors £3; groups £10
- Directions: Follow signs towards Mount Edgcumbe. Turn off at SX441514
- Parking at the car park behind Maker Church
- Portable toilets in car park
- Dogs allowed but must be on leads and under control at all times.
- Competitors must have full leg cover ie no shorts - brambles and ticks can be a problem at this time of year.