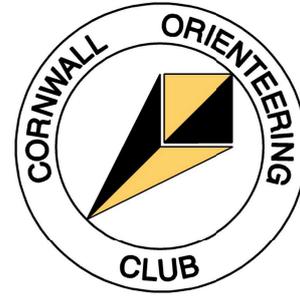
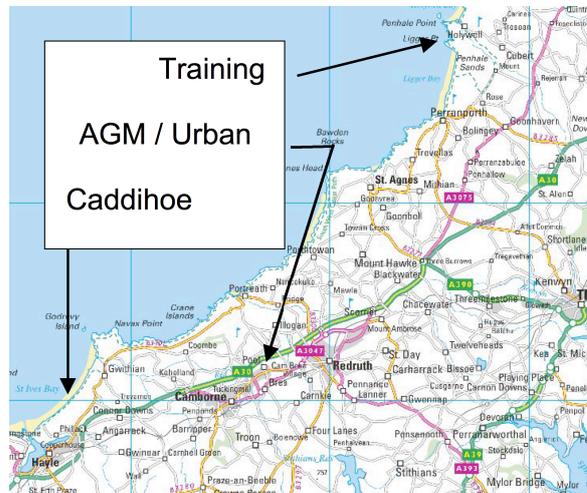


Cornwall Orienteering Club

proudly presents

The Caddihoe 2017 Final Details

A Multi-Day event over Friday 1st to Sunday 3rd September



The Caddihoe Trophy Event has been a long-standing SWOA fixture but open to all orienteers. Traditionally it has been a 2-day event, with a chasing start on day 2 based on a competitor's Day 1 time.

This year the Caddihoe age class trophies will be decided on the cumulative timings on a competitor's Day 1 and Day 2 times on the L/A courses. In addition the Day 1 and 2 Level B events will provide the competition to decide the SWOA Middle and Long Distance Champions as well as BOF and UKOL ranking points.

Hayle Towans dunes provide a highly technical and runnable venue for these races.

To get you warmed up there will be an informal training event on the Holywell Dunes complex ahead of Days 1 & 2.

And for added variety KERNO will also host an urban race at Cornwall College Camborne Campus on the evening of Day 1. This event is part of the SEOUL.

Also on the Saturday evening the SWOA AGM will be held at 5.00pm in the Main Hall Poole Academy is adjacent to the Camborne Campus urban race.

We do hope that you will make the journey west to compete in these events.

Chris Moncaster

Kerno Chairman

Event details

	Training Holywell Friday	Middle Distance Hayle Towans Saturday	Urban Cornwall College Saturday	Long Distance Hayle Towans Sunday
Registration	1700-1900	1200-1500	1730-1900	1000-1300
Start Period	1700-1930	1230-1530	1800-1915	1030-1330
Courses Close	2030	1700	2000	1530
Prize Giving	N/A	N/A	N/A	1430
SWOA AGM			1700-1830	
Location	TR8 5DD GR SW 767588	TR27 5BA GR SW569392	TR15 3RD GR SW 666415	TR27 5BA GR SW569392
Planner	Simon Freer KERNO	Phil Newall KERNO	Roger Hargreaves KERNO	Richard Bown KERNO
Controller		Steve Robertson QO	Steve Beech KERNO	Steve Robertson QO
Organiser	Simon Freer KERNO	Chris Moncaster Rod Allday KERNO	Elsie Hargreaves KERNO	Chris Moncaster Rod Allday KERNO

Colour coded courses at Hayle Towans events; Light Green to White are Entry On the Day and subject to map availability

	Middle Hayle Towans	Urban Cornwall College	Long Hayle Towans
Colour Coded BOF Senior	£8	£7	£8
Colour Coded Other Senior	£10	£9	£10
Colour Coded BOF Junior	£3	£3	£3
Colour Coded Other Junior	£4	£4	£4
Std Dibber Hire [£2 all 3 events] *High capacity dibber hire £3 one use, £4 for both days	£1	£1 *	£1 *

SPORTident have required that the Organisers publish the following:

Hired SI-Cards (timing chips/"dibbers") must be handed in to the organising team ON THE DAY and preferably at the Finish even if you retire during the event. This is an essential safety requirement of the event and failure to do so could result in an unnecessary search by rescue teams. If the hired SI card is not returned there will be a charge of £34+VAT for a standard SI-Card and you could be disqualified from taking part in a future event.

The Organisers are hiring in these high capacity "dibbers" and the cost is modest.

Informal Training Event at Holywell Dunes

Friday 1st September



As part of the multi-day Caddihoe 2017 Cornwall Orienteering Club will host an informal training event on Holywell Dunes south of Newquay on the Friday evening. The terrain of this area should provide good experience ahead of the main event Middle and Long races planned for Hayle Towans on the Saturday and Sunday.

Location. Registration is based at the National Trust car park, Holywell Bay. TR8 5DD, map reference SW 767588. Take A3075 south of Newquay. Three miles south of Newquay take a minor road west through Cubert Village to Holywell Bay. Car park is at the end of this minor road. This is a pay car park but free for NT members. Start/Finish is 100m from the car park.

Start times and Registration. Friday 1st September 1700-1900; last start 1930; course close 2030.

Terrain. Coastal sand dunes requiring careful navigation. Great views of Holywell Bay beach and coast (as featured in Poldark and the opening sequence of the James Bond film "Die Another Day").

Map. 1:7500, 5m contours

Format: Non-competitive training event with up to 30 numbered kites in the dunes. Entrants can choose routes between controls or follow a suggested order.

Cost. Entry-on-the-day. £3 per adult, £1 per junior. Additional maps £1.

Safety. Entrants are responsible for their own safety. Please book in at registration once you have finished your training so that we know that you have returned safely.

Facilities. Holywell has numerous campsites close by. There is a pub within 300m of registration - St Piran's Inn Tel 01637 830205 and a second 1km away – The Treguth Inn 01637 830248. There are public toilets close to the car park.

Caddihoe Trophy Events

Saturday & Sunday 2nd / 3rd September

Mexico Towans and Gwithian Towans



Day 1: Mexico Towans. This is a Middle Distance, Level B, Event, part of the UKOL and the SW Middle Distance Championships. It is also the first day of the Caddihoe Trophy competition. Allocated start times between 1230-1530.

Day 2: Gwithian Towans. This is a Long Distance, Level B, Event, part of the UKOL and the SW Long Distance Championships. It is day 2 of the Caddihoe Trophy competition. Allocated start times between 1030-1330.

There is no map overlap between the 2 days.

Courses: Age class trophies for the Caddihoe will be decided by age class (L/A) on a competitor's combined times on both days. The SW Championships are open to all SWOA registered members. The Caddihoe is open to all competitors.

SI (non-contactless) timing will be used. Competitors on Course 1 on the Long Race will need high capacity dibbers.

All class combinations are shown below for both SWOA Middle [black text] and Long Championships [black and red text]

Course Number	Map Scale	Men	Women	Men S and B	Women S and B
1	1:10,000	M21 M35 M40 M18 M20			
2	1:7,500	M45 M50	W21 W18 W20		
3	1:7,500	M55 M60 M16	W35 W40	M21S M35S M40S	
4	1:7,500	M65 M70	W16 W45 W50 W55	M45S M18S M20S M50S M55S	W21S
5	1:7,500	M75 M80 M85	W60 W65	M60S M65S M70S M75S	W20S W18S W35S W40S
6	1:7,500		W70 W75 W80 W85		W45S W50S W55S W60S W65S W70S
7	1:7,500	M14	W14	M16B	W16B
8	1:7,500	M12	W12	M14B	W14B
9	1:7,500	M10	W10	M12B	W12B
10	1:7,500			M10B	W10B

SW Middle race - course details.

Course Number	Men	Women	Length (km)	Climb (m)	Controls
C1	M21 M35 M40 M18 M20		5.7	130	27
C2	M45 M50	W21 W18 W20	5.1	110	25
C3	M55 M60 M16	W35 W40	4.5	105	24
C4	M65 M70	W16 W45 W50 W55	3.5	65	18
C5	M75 M80 M85	W60 W65	2.8	60	16
C6		W70 W75 W80 W85	2.3	40	10
C7	M14	W14	2.3	45	13
C8	M12	W12	1.8	40	9
C9	M10	W10	1.5	40	10

All Middle Distance Courses use the same start and finish which are both within 300m of event registration.

SW Long race – course details

Course	Men		Women		Length Km	Climb m	Controls
1	M18, M20, M21, M35, M40				10.7	310	32
2	M45, M50		W18, W20, W21		8.8	240	27
3	M16, M55, M60	M21S, M35S, M40S	W35, W40		5.9	210	22
4	M65, M70	M18S, M20S, M45S, M50S, M55S	W16, W45, W50, W55	W21S	4.4	160	13
5	M75, M80, M85	M60S, M65S, M70S, M75S	W60, W65	W18S, W20S, W35S, W40S	3.2	150	14
6			W70, W75, W80, W85	W45S, W50S, W55S, W60S, W65S, W70S	2.3	85	12
7	M14	M16B	W14	W16B	3.3	95	15
8	M12	M14B	W12	W14B	2.5	60	12
9	M10	M12B	W10	W12B	1.8	45	10
10		M10B		W10B	1.2	30	10

All Long Distance courses use the same start and finish which are located 900m from event registration. Please allow at least 15 minutes. There will be an unsupervised clothing drop area close to the start. Competitors will pass close to the start after their race so will be able to collect any clothing on their return.

Towans Terrain.

Very extensive coastal sand dunes requiring careful navigation. Great views of St Ives Bay and Godrevy Lighthouse. There are many post-industrial features scattered throughout the area as a result of ammunition manufacture in WW1. The extensive track network is a result of narrow gauge tramways between compounds.



Map.

1:7500 for all courses except course 1 which will be 1:10000; contours 5m. All maps will be single sided with the exception of the Long Distance maps for Course 1&2 which will be double sided. The map has been recently resurveyed and updated. Overhead pylons and “Towan Way” marker stones have not been mapped.

Control Descriptions. Control descriptions in pictorial form will be provided on the light green, orange and trophy maps. In the start boxes, loose pictorial control descriptions will be provided for all courses except for orange, yellow and white which will be in text form.

Safety.

There are some small sea cliffs on the edge of the dunes on Day 2, Sunday, to be avoided. The dunes are well frequented by rabbits and are therefore well burrowed so please take care. Competitors will cross and walk alongside a rough road used by the public to gain access to a beach car park. Appropriate care should be taken.

First Aid cover will be provided by Kerno Club Members. The nearest minor accident unit is 4km away at Hayle.

The area is very exposed to the elements and if the weather is severe the carrying of cagoules may be made compulsory. We highly recommend that all competitors carry whistles.

The younger juniors will find the very technical nature of the terrain challenging. There are also few linear features. “Smiley faces” will therefore be used on the shorter courses to assist juniors.

Location.

The Caddihoe Event Centre that serves both Day 1 and 2 is located at Sandy Acres TR27 5BA GR SW569392 and will be signed from the large roundabout on the A30 immediately east of Hayle.

The owners of the event field have requested that a car-parking fee of £2.00 per car per day is collected. Please have this money available when arriving at the event field.

The Middle Race start will be 5 minutes and the Long Distance race 15 minutes walk from the Event Centre.

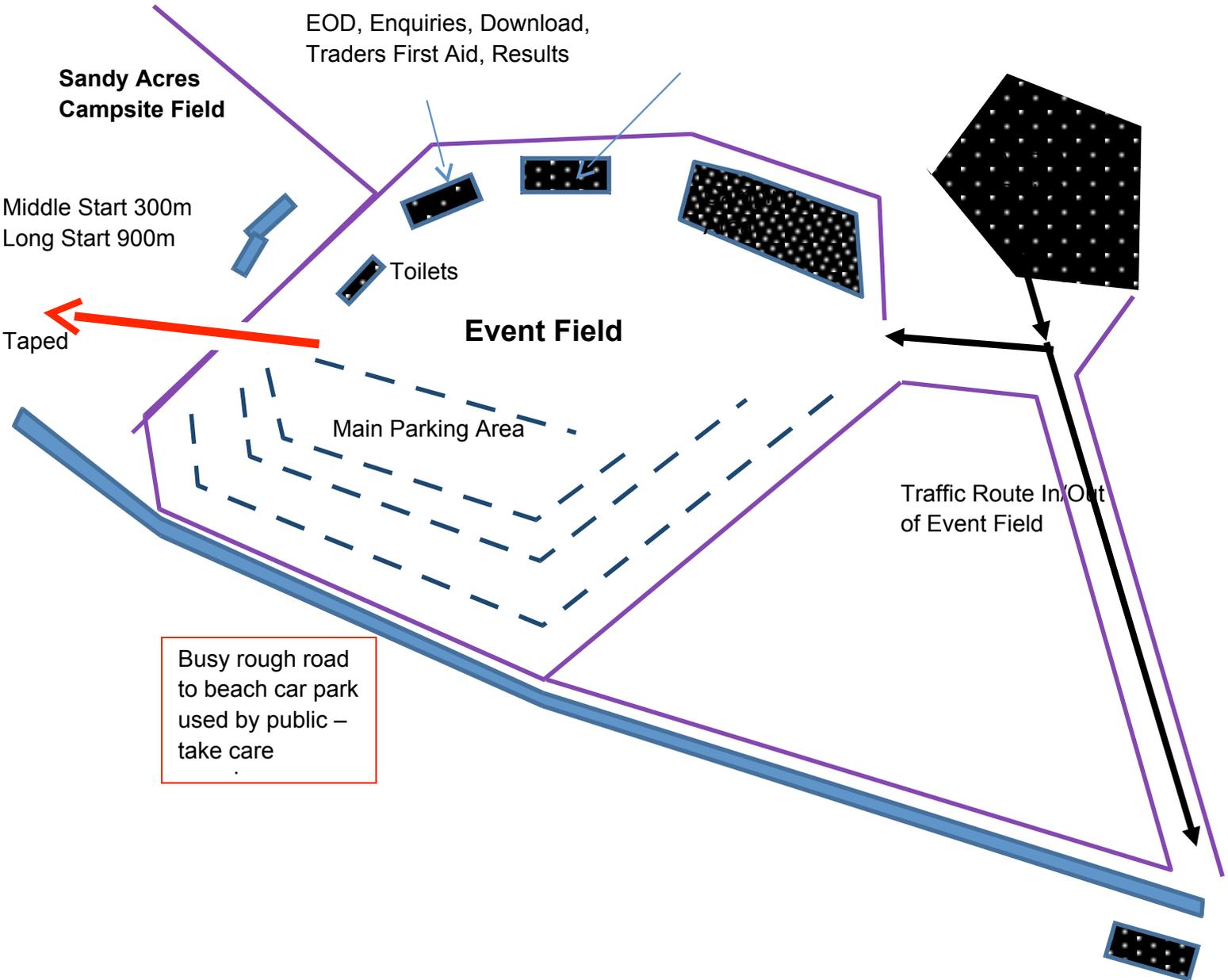
The Event Centre is less than 30 minutes by road from the Cornwall College Camborne Urban Event and about 1 hour from the Holywell Training Event.

Event Centre

There will be Onosh supplying catering at the Event Centre and Ultrasport will also be in attendance: temporary toilets are provided. There are numerous campsites, hotels and B&Bs in the local area.

The main Sandy Acres campsite alongside the event centre is now full although the proprietors are allowing competitors to camp in the event centre field at a cost of £9.00 per adult per night. No pre-booking required but it would be useful if those intending to camp could email chrismoncaster@hotmail.com with details. The camp fees will be collected by a member of the event team. There will be access to the Sandy Acres showers and WC's for those camping.

Event Centre Layout



Dogs: Well behaved under control dogs are welcome in the event field. No dogs are allowed on the courses.

Start times:

As the two events comprising the Caddihoe are Championships the entry will be seeded; the seeding will take into account requests for early, middle or late start times. The Middle Distance start is 300m from the event field. Allow at least 5 minutes plus 5 minutes call-up. The Long Distance start and finish are 900m from the event field. Allow at least 15 minutes plus 5 minutes call-up.

Start Procedures:

All starts are punching starts. Competitors are requested to keep to their allocated start times. The start team will endeavour where possible to slot in those who have missed their start times.

Pre-registered competitors will be called up by the start team 5 minutes prior to start time. Competitors should ensure they enter the correct start lane which is based on Course Number.

Start Box layout:

	Course 1 and 2	Course 3 and 4	Course 5 and 6	Course 7 and 8	Course 9 and 10	Colour and Late Starters
1 Minute Box						
2 Minute Box Map on Display						
3 Cross Fence Gate(Middle Distance) or Holding Box (Long Dis- tance)						
4 Control Descriptions						
5 Check Box						

Championship maps and the Orange and Light Green Colour Coded maps will be placed immediately beyond the start punch. White and Yellow Colour Coded maps will be issued prior to the start box.

Trophy Presentations:

Certificates will be presented to SWOA Class winners of both the Middle and Long Races. Trophies will be presented to the eligible winners of the Caddihoe L/A courses at 1430 on the Sunday or as soon as possible after the Long event. Christine Vince, retiring Chairman of SWOA will present the trophies and certificates.

Saturday 2nd September: Evening:

Urban Event

Cornwall College Camborne Campus



The Event:

Due to the size of the area it is not possible, without extreme repetition, to plan an urban event that is approximately 3 times the length of a Sprint event. Consequently, the Planner has aimed for courses that give a winning time of about 25 minutes. It is also expected that competitors will appreciate a shorter event due to their exertions at the SWOA Championship Middle race earlier in the day. The site has almost no climb.

SPORTident will be used but will not be contactless. The SI will utilise BSF8 boxes that will be fastened to street furniture or similar and will be identified by the number on the box.



Longer courses will entail the use of a double sided A4 map and competitors on courses 1 and 2 will require a higher capacity dibber, as there are more than 30 controls.

Please collect your dibber for these courses from Registration.

Some courses will use the butterfly technique; as the control number **1/7/13** can be quite long the number will be offset from the control circle but joined to it by a thin red line.

The map was first drawn in 2013 by Roger Hargreaves and has been used for low key club events since. As the event is a round of SEOUL the event will follow their age/class categories as shown in the table below. The map has been updated further over time and lastly in 2017; it is drawn in OCAD11 at 1:4000 with 5m contours.

CourseClasses	km
1 Men Open, Men Veteran (M40+), Women Open	3.7 km
2 Men Super Vet (M55+), Women Veteran (W40+), Other - 2	3.2 km
3 Men Ultra Veteran (M65+), Women Super Vet (W55+), Other - 3	2.7 km
4 Women Ultra Veteran (W65+), Men Hyper Veteran M75+ Women Hyper Veteran W75+ Other - 4	2.1 km
5 Men Junior (M16-), Women Junior (W16-), Other - 5	2.2 km
6 Men Young Junior (M12-), Women Young Junior (W12-), Short Run	1.6 km

Juniors (under 16 on the day) can only enter Courses 5 and 6

SEOUL explained their class structure as follows:

“As we only get about 120 entries for our urban events we include Men’s Open with Men’s Vets and Women’s Open to make sure they get ranking points.

There were two main reasons for introducing the Hypervet category. The first being not enough entries were being made for Ultra Veteran Women [so no ranking points] and the second being the additional numbers of 75+ men and women taking part.

All results go to BOF for ranking points by course entered and all results for SEOUL are done by class.”

Travel:

Cornwall College Camborne is conveniently located beside the A30 close to the Tolvaddon Junction. The college is at TR15 3RD. The location of the event car park is GR SW 666415

For those **travelling West** look for the slip road with signage for Pool. You should now follow the signs for Cornwall College Camborne and proceed up the hill towards a new set of traffic lights, take the left hand lane, turn left onto the A3047 and shortly, on your left, you will see signage for the main entrance for the College (just after McDonalds). Keep going past the College entrance and go on to a double mini-roundabout. Turn left onto Church Road and after about 400m turn left into the college car park. Follow directions to park neatly.

When **travelling East** [from Hayle] you need to look out for the slip road signposted 'Camborne' (please note this is **NOT** 'Camborne West' which is the slip road approx 2 miles before the one you need). You should now follow the signs for Cornwall College Camborne and proceed up the hill towards a new set of traffic lights, take the left hand lane, turn left onto the A3047 and shortly, on your left, you will see signage for the main entrance for the College (just after McDonalds). Keep going past the College entrance and go on to a double mini-roundabout. Turn left onto Church Road and after about 400m turn left into the college car park. Follow directions to park neatly.

Facilities:

There will be limited facilities on site but we anticipate using the changing rooms at the Sports Centre for toilets. The traders will only be present at Hayle.

Times:

The first starts will be at 1800 hours, last start at 1915hrs, with courses closing at 2000hrs. Starting order will be as published on the Fabian website. The event will use a punching start.

Control descriptions; Special Symbols:

Benches/seats are shown with a short black line, control description will be an x

Table tennis tables shown on the map as a X; control description will be an x

All maps will have pictorial descriptions but text descriptions for course 6 [MYJ & WYJ] will be available on request at Registration.

Climb:

As the terrain is virtually flat the climb has been omitted from the course descriptions – at worst, for the longest course, it is estimated that the climb is less than 15m. Other courses are less hilly.

The event is registered with BOF as a Regional event [level C].